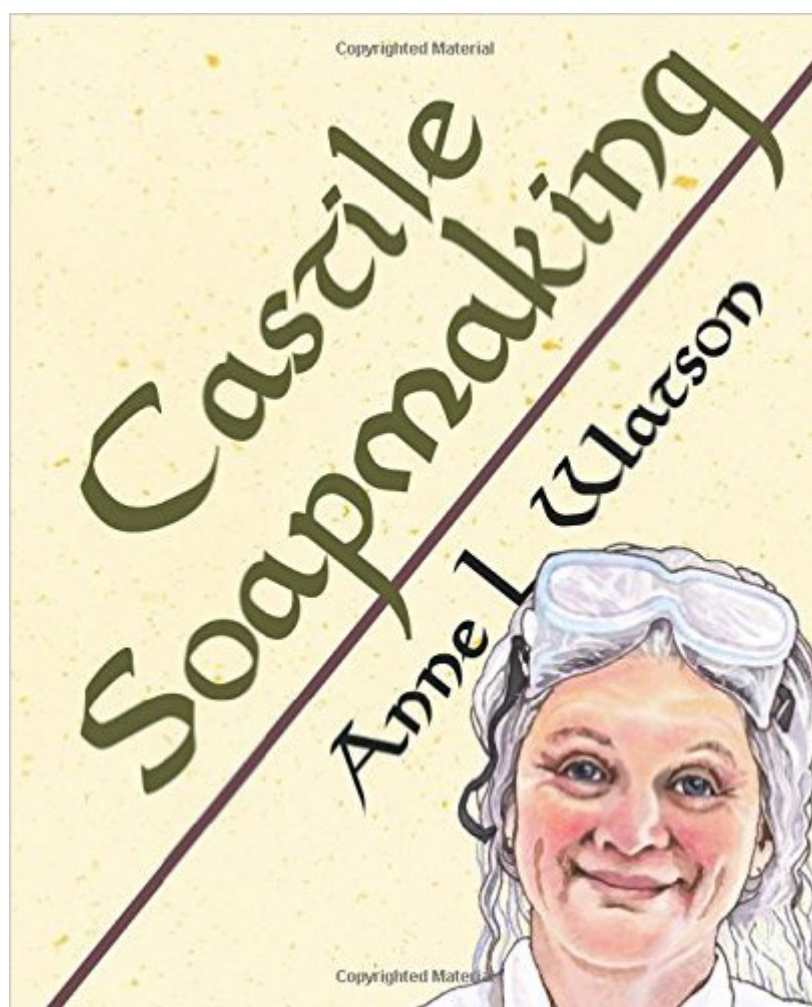


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# Castile Soapmaking: The Smart And Simple Guide To Making Lovely Castile Soap From Olive Oil Quickly, Safely, And Reliably



## Synopsis

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS!

For centuries, the name Castile has been associated with the highest quality in soap. But Castile -- made from olive oil, traditionally in factories -- has proven hard to translate to craft soapmaking. It has earned a reputation as difficult to make, slow to cure, and lacking in rich lather. Until now. Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile with no trouble at all.

Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington.

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## Book Information

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## Customer Reviews

Does not include information on liquid Castile Soap as I had hoped. It didn't claim to, I just thought it would. I had also hoped for more information on working with KOH, which I found, oddly, on a website for making Biodiesel. The good tips I found on the biodiesel website are as follows:1.

According to the website KOH does not interact with polypropylene. You can look at your container and if it has a recycle number 5 with a little pp under it, it's polypropylene and is safe. I'm using a rubbermaid pitcher and a yogurt container. You should not mix KOH in glass. The reaction generates heat, so you don't want it to melt your plastic or blow up glass - see step three.2. Use a container that is much larger than what you need when mixing the KOH into the water.3. Put some cold water or ice in a sink and place your mixing container into the cold water (make sure it doesn't want to float and tip over). This will allow the heat generated during the reaction of the water and KOH to dissipate into the surrounding cold.4. add the KOH slowly and stir.5. don't breath or get fumes on you - do in a well ventilated area with no wind. obviously wear protective clothing, gloves, mask etc. Other - MSDS says to rinse any you get on you for quite a while with water. Some people use Vinegar, but I've read that causes a reaction you don't want happening on your skin. I keep the vinegar handy to neutralize my tools/equipment as I'm washing things, and so I don't get anything down my drain that will react in the drain. This issue could use some more research - vinegar or no vinegar. I would also like to know how long, while making liquid soap, is the steam from the soap making terribly caustic?

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From the book :  
CONTENTS  
GETTING STARTED - (Facts and Myths About Castile)  
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Cleanup and Beyond)MORE RECIPES! - (Different Castile Soaps You Can Try)Recipe: Milk Castile; Recipe: Herbal Castile; Recipe: Oatmeal Castile; Recipe: Cleansing Castile; Recipe: Gardener's Lemon Poppy Seed Castile; Recipe: Castor Castile; Recipe: Coconut Castor Castile; Recipe: Tropical CastileWHY? WHY? WHY? - (Frequently Asked Questions)WHERE TO FIND MOREFROM THE INTRODUCTION:Castile soap is a soap made from olive oil, sometimes with other plant fats mixed in. It takes its name from the Castile region of Spain, where it was made. But similar soap has been linked to other places where olive oil was plentiful, such as Crete, Nablus, Damascus, Aleppo, and Marseille.There are romantic stories about the soap's origins -- stories involving queens, crusaders, and the Silk Road -- but little or no reliable information.

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